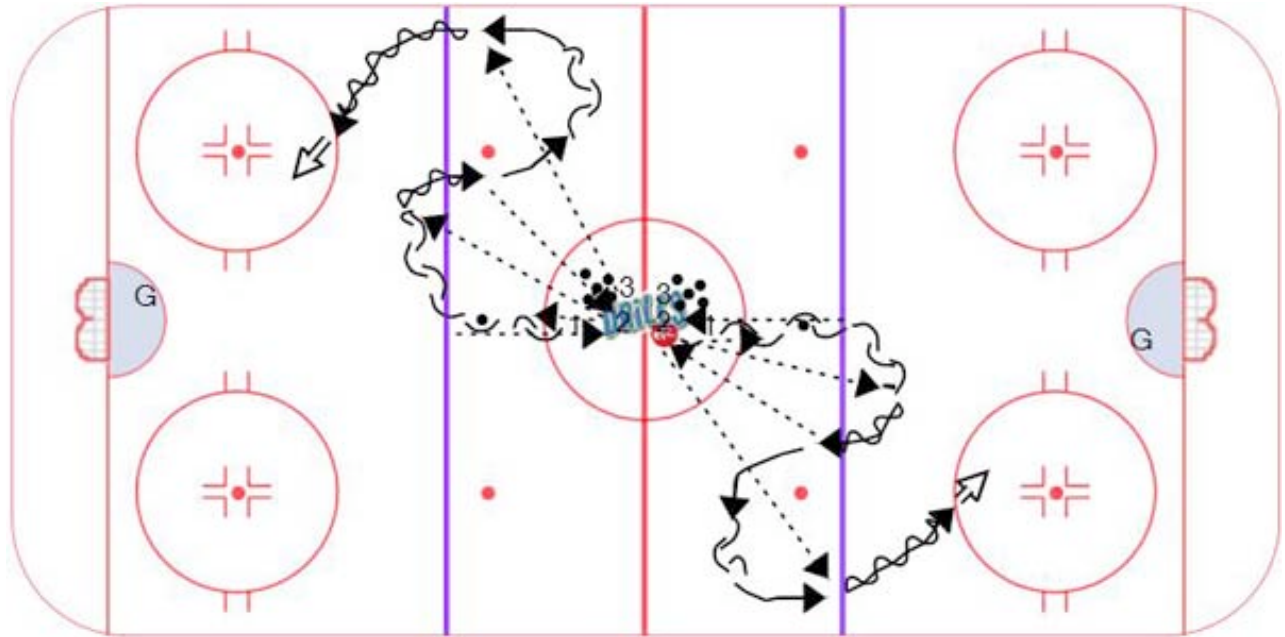




# FEATURED DRILL



## NZ SKILLS

### Purpose

- skill development.

### Description

- player receives a pass moving backwards and passes back
- repeat reception and pass
- player goes wide, fronts the puck and receives a final pass
- attack for a shot on goal from the top of the circle.

### Teaching Points

- move the puck quickly, eyes on the puck moving wide.